



Cubs Meeting Schedule: Week One

Theme: Safety First - Fire Hall Meeting

Date: _____

<i>Time</i>	<i>Activity</i>	<i>Program Details</i>	<i>Leader Responsible</i>
10 mins.	Gathering Activity	Meet at Fire Hall	
5 mins.	Opening Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
10 mins.	Theme Topic	Discuss importance of Fire Personnel <i>See Detail Planning Sheet</i>	
70 mins.	Theme Activity	Fire Hall Tour	
5 mins.	Spiritual Fellowship	- Recite Law / Promise - Prayer / Talk	
5 mins.	Closing Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
5 mins.	Leader Discussion Time	Review meeting and discuss next week's plans	

Badge Links: Blue Star

Meeting
Notes:



Cubs Meeting Schedule: Week Two

Theme: Safety First - Danger at Home

Date: _____

<i>Time</i>	<i>Activity</i>	<i>Program Details</i>	<i>Leader Responsible</i>
10 mins.	Gathering Activity	“Simon Says” Game	
5 mins.	Opening Ceremony	<i>Details can be found in the Wolf Cub Leader’s Handbook</i>	
30 mins.	Theme Activity	Craft: Bedroom Box and Escape Plan: Discussion. <i>See Detail Planning Sheet</i>	
10 mins.	Game	Relay: Hazardous Product Symbols. <i>See Detail Planning Sheet.</i>	
20 mins.	Theme Activity	Home Safety Stations <i>See Detail Planning Sheet.</i>	
10 mins.	Movie Time	Safety Movie. <i>See Detail Planning Sheet.</i>	
10 mins.	Six Meeting	Distribute list to Cubs to take home and have the paperwork signed and returned for the next week. <i>See Detail Planning Sheet.</i>	
5 mins.	Spiritual Fellowship	- Recite Law / Promise - Prayer / Talk	
5 mins.	Closing Ceremony	<i>Details can be found in the Wolf Cub Leader’s Handbook</i>	
15 mins.	Leader Discussion Time	Review meeting and discuss next week’s plans	

Badge Links: Family Safety Badge; Blue Star

Meeting

Notes: _____



Cubs Meeting - Detail Planning

Theme: Safety First - Danger at Home

Crafts

Bedroom Box and Escape Plan

- Everyone has a bedroom or some place in their home where they sleep at night.
- Give each Cub a shoe box, and ask them to cut out the windows and doors for their room.
- Next they can glue on curtains, rugs and furniture until their shoe box looks like their bedroom.
- When their bedrooms are complete, they can share with their sixes about their Escape Plan.

Include Questions Like:

- Do they sleep with their doors closed?
- Is there a smoke detector in their room?
- How far is it to the ground from their window?
- Where will they meet their family outside the home?



Cubs Meeting - Detail Planning

Theme: Safety First - Danger at Home

Games

“Simon Says”

This game is played in the traditional “Simon Says” style with the exception of the way the Cubs move.

When Simon Says:

Barbecue Grill: Cubs move forward quickly

Campfire: Cubs move two steps sideways

Smoke in a Theatre: Drop and crawl backwards

Fire at Home: Crawl low forward

Oven: Two steps forward, open window action

Clothes Burning: Cubs drop and roll

Fire: Cubs rush forward



Game

Hazardous Product Symbol Relay

- Before starting the game show the Cubs the different hazardous products symbols for poison, flammable, explosive and corrosive.
- Bring in a variety of products with these symbols on them and line the products up at one end of the room.
- Divide the Cubs up into teams at the other end of the room and give each Cub two different symbols.
- Cubs must run up to the products, match the symbol with the correct product, and lay their symbol in front of it.
- Youth must only identify one symbol at a time, which means they have to run up twice. Some products can have more than one hazard, so there may be a mixture of symbols in front of those ones.
- First team to finish wins.

EXPLOSIVE



The symbol of an exploding bomb warns that if the container is heated or suddenly has a hole punched in it then it can blow up. If it does, flying sharp pieces of metal or plastic can cause serious injuries, especially to eyes.



FLAMMABLE

The symbol of a flame means a product can easily start to burn if it is near heat, flames or sparks.



Theme Activity

Home Safety Stations

Cubs are exposed to many small appliances daily in the home. The following small equipment stations will highlight safety features that Cubs should be aware of at home.

It should also increase their awareness of hazards such as:

- Broken or frayed cords
- Too many appliances for one outlet
- Extension cords that are too light for the load
- Using appliances near water
- Broken or misused appliances
- Appliances left unattended.

These safety rules should be emphasized before going to the visit the stations:

- Protect cords and plugs from damage
- Unplug appliances when not in use
- Do not use electrical appliances in, or near, water
- Keep appliances clean and free of dirt and grease
- Install electrical outlet covers in the home
- Metallic objects should not be inserted into outlets
- Keep extension cords away from small children or pets who might chew on it
- Never touch electrical appliances with wet hands or while standing in water
- Keep pot handles turned away from the side of the stove.



At the stations, ask your Cubs to identify the danger. How would they fix the problem?

Station #1:

An extension cord with two extension cords plugged into it. (*Do not plug in!*)
Solution? _____

Station #2:

A curling iron or hair dryer beside water. Solution? _____

Station #3:

An iron with a knot in the cord. Solution? _____

Station #4:

A pot full of hot water with the handle hanging over the table edge.
Solution? _____

Station #5:

An appliance with a frayed cord. Solution? _____

Station #6:

A toaster with a knife sticking out of it plugged into an extension cord.
Solution? _____

Station #7:

A classroom appliance (film projector, tape recorder, etc.) sitting on top of the electrical cord. Solution? _____

Education Tools:

DVD's and Books:

Many movies and books about home or fire safety are available from your local library, your local Fire Department or on the web.





Home Check List:

To increase the Cubs' application of what they have learned, give them the following checklist of fire and safety hazards to look for at home. Ask them to review it with their parents, and to bring it back next week to share with their six.

Safety First: Home Checklist

- Matches are stored safely, out of reach of small children
- Flammable liquids are stored out of reach of small children and away from heat
- Paint, paper or rags are not stored near heat
- Basement area is neat and tidy
- Pot handles are turned toward the back of the stove while cooking
- Hot water tank is set below 54 °C (130 °F) to help prevent scalding
- There are smoke alarms on every floor
- Smoke alarm works
- Poisons, cleaners and medicines are out of reach of small children and/or locked up
- Food containers are not used to store poisonous products
- I know how to lock the windows, doors and other entry ways into my home
- Emergency numbers are posted near the phone
- Stairs, halls and walkways are clear of objects

I have reviewed with my parents what to do if the following occurs:

- The lights go out
- A fuse blows or the circuit breaker trips
- There is a broken water pipe
- There is the smell of natural gas
- The drains back up
- Someone calls or comes to the door when I am alone at home
- A stranger approaches me in the street



Cubs Meeting Schedule: Week Three

Theme: Safety First - Community Hazards

Date: _____

<i>Time</i>	<i>Activity</i>	<i>Program Details</i>	<i>Leader Responsible</i>
10 mins.	Gathering Activity	Make a list of emergency phone numbers (for example the Police Department, Fire Department, and Ambulance) using the web and phone books as references.	
5 mins.	Opening Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
10 mins.	Game	Discussion of Community Hazards. <i>See Detail Planning Sheet.</i>	
30 mins.	Theme Activity	Community Hazard Hike. <i>See Detail Planning Sheet.</i>	
30 mins.	Theme Activity	Poster Creation: Family Safety Badge #8. <i>See Detail Planning Sheet.</i>	
10 mins.	Six Meeting		
5 mins.	Spiritual Fellowship	- Recite Lay & Promise. - Prayer.	
5 min.	Closing Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
15 mins.	Leader Discussion Time	Review meeting and discuss next week's plans.	

Badge Links: Disability Awareness Badge, Family Safety Badge; Blue Star B5

Meeting Notes: _____



Cubs Meeting - Detail Planning

Theme: Safety First - Community Hazards

Gathering Activity

List Emergency Telephone Numbers:

Emergency Contact Person: () _____ - _____

Fire Department: () _____ - _____

Police Department: () _____ - _____

Ambulance: () _____ - _____

Poison Control: () _____ - _____

Family Doctor: () _____ - _____

Pharmacy: () _____ - _____



Gathering Activity

Community Hazard Discussion

- Before leaving for your hike, discuss with your Cubs what they will be looking for and why the objects are hazardous. At the same time, they should be aware of the accessibility of building entrances, water fountains, elevators, public telephones, washrooms, doors and sidewalk curbs.
- How could these be made more accessible for people in wheelchairs? Start in your meeting hall and then progress outside. A checkoff list, based on the Family Safety Badge #8, is included for your Cubs to take with them.
- For those of you who live in a rural community, a visit to a working farm would provide opportunity to discuss hazards. A suggested checkoff list is included for you as well. Farm fires are caused by the same things that make residential fires. However, the use of flammable liquids and kerosene is an additional cause of farm fires. Some of the primary causes of farm fires are as follows:



Family Safety Badge #8

- Defective Chimneys
- Sparks on a combustible roof
- Inadequate lightning protection
- Carelessness with matches
- Spontaneous combustion (usually of agricultural products, primarily hay)
- Improper use/storage of gas and kerosene
- Unsafe stove and furnace installations
- Misuse of electrical appliances and equipment
- Outside burning or fires.



Crafts

Community Hazards Poster

After completing your Community Hazard Hike, supply the Cubs with paper and colouring pencils. Ask them either to draw a poster of some of the hazards they saw while on their hike or draw any of the suggestions contained in the Family Safety Badge #8.





Community Hazard Hike

With this list, tour the Community noting any potential hazards.

Community Hazards	Yes	No		Yes	No
Pedestrian Crosswalk			Construction Sites and Machinery		
Traffic lights			Landfill sites or dumpsters		
Train tracks			Ice-covered water or water areas		
No streetlights			Vacant buildings		
No sidewalks			Quarries		
Power lines or substations			Unfriendly animals		
Storm sewers					

Farm/Rural Visit

With this list, tour the Farm noting any potential farm hazards.

Community Hazards	Yes	No		Yes	No
Lightning rod on buildings properly maintained			Hay and grain dryers		
No flammable liquid stored in barns			Brooding equipment properly installed		
Flammable liquid stored in a separate shed			Infrared lights shielded		
Electrical wiring not corroded			Water and hoses available at barns		
Equipment plugged into sockets, not extension located and marked			Fire extinguishers easily located and marked		
Electric motors free of dirt			Electrical power lines nearby		
Tractors stored in separate building, not with animals or hay			Train tracks / highways close to farm		
No smoking allowed in barns			Electric fences		
Haylofts well ventilated			Old wells not covered		
Unfriendly animals			Quarries		



Cubs Meeting Schedule: Week Four

Theme: Safety First - Fire Safety

Date: _____

<i>Time</i>	<i>Activity</i>	<i>Program Details</i>	<i>Leader Responsible</i>
10 mins.	Gathering Activity	In sixes, review lists from home	
5 mins.	Opening Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
10 mins.	Game	Fire Drill. <i>See Detail Planning Sheet.</i>	
30 mins.	Theme Activity	<i>To be Conducted Outside:</i> Fabric Burning Experiments. <i>See Detail Planning Sheet.</i>	
20 mins.	Theme Activity	Holiday Pictures. <i>See Detail Planning Sheet.</i>	
10 mins.	Song	Design a Song: Stop, Drop and Roll. <i>See Detail Planning Sheet.</i>	
5 mins.	Six Meeting	Reminder to meet at the Fire Hall, next week.	
5 mins.	Spiritual Fellowship	- Recite Lay and Promise. - Prayer.	
5 min.	Closing Ceremony	<i>Details can be found in the Wolf Cub Leader's Handbook</i>	
15 mins.	Leader Discussion Time	Review meeting and discuss next week's plans.	

Badge Links: Family Safety Badge

Meeting Notes: _____



Cubs Meeting - Detail Planning

Theme: Safety First - Community Hazards

Game

Fire Drill Surprise

- Hold a surprise Fire Drill.
- After the drill is completed, come back into the meeting place and hold a critique. Did everyone move out quickly? Did they meet in one spot? How could evacuation be improved? What would they do if they opened the door and were met with flames? What if the meeting room was filled with smoke?
- Discuss these points and the importance of always knowing where exits are located at the movies, a friend's house, the museum, etc.
- Do the drill a second time incorporating some of the scenarios discussed. For instance, the room is filling with smoke and the regular exit door is locked - How would they escape?
- Have someone (a Cub or leader) panic and refuse to go - What should the pack do? Or, when they get outside, hold a head count and realize someone is missing? What would they do? The intent is not to scare them, but make them think.



Theme Activity

Fabric Burning Experiments

- Before conducting the experiments, ensure you have the permission of your meeting place to do burning outside.
- As in the case of any fires, have water nearby.
- Supplies - For this session, you will need stopwatches, paper, pencil, and a variety of materials such as wool, cotton, polyester, jeans, and nylon, as well as fire retardant material like baby sleepers.
- Divide Cubs into groups and give each group their supplies.
- Ask them to write down the type of material they are going to burn, the way it burns (fast, melts, scorches) and then use the stopwatch to time how long it takes to burn.
- Another interesting experiment, if you have an one available, would be to set fire to an old tent and time how long it burns. This will demonstrate vividly why no one should light a fire in a tent.

Holiday Pictures

Holidays pose another opportunity for fires; people are relaxed and not as vigilant.

Some of the hazards to be aware of include:

- Check that all lights, decorations and toys that use electricity have a testing organization label attached.
- Before going to bed, check on: Upholstery, wastebaskets and ashtrays for smouldering cigarettes.
- Set-up Christmas trees away from doorways and heat
- Always use fire-retardant decorations during holidays
- Take special precautions when using candles. Never place candles near doorways (a fire could block an exit), or near combustible materials (curtains, bedding) to prevent their ignition.
- Keep matches away from small children and *never* light fireworks without adult supervision.

After discussing these hazards, ask Cubs to pick a month and illustrate a holiday picture for that month. It can even be their birthday.

They should draw the holiday picture and a fire safety feature making it safe (for example, fireworks and an adult with a bucket of water nearby). After sharing their picture with their pack or six, they can take it home to their parents.



Design a Song

If there's time, ask each six to design a song to feature "Stop, Drop and Roll".

A suggestion is included below to get you started.

Stop, Drop and Roll

Tune: Frère Jacques

Fire alarms ringing, fire alarms ringing,
What to do? What to do?
Smoke is in the room, smoke is in the room,
Crawl out the door. Crawl out the door.

Fire alarms ringing, fire alarms ringing,
What to do? What to do?
Clothes are catching fire, clothes are catching fire,
Stop, drop and roll. Stop, drop and roll.