

# **Emergency Preparedness**



# Theme: Pet Emergency Survival Kits/ Family Emergency Plans

Time	Activity	Program Details	Leader Responsible
15 minutes	<b>Gathering Activity:</b> Tornados and Twisters ( <i>Cranes and Crows</i> )		
5 minutes	Opening Ceremony		
35 minutes	Talk/Theme Activity: Preparing an Emergency Survival Kit (Pets)		
10 minutes	Game: Preparing a Sandwich		
20 minutes	Talk/Theme Activity: Family Emergency Plans		
25 minutes	Game: Jeopardy Game		
10 minutes	Patrol Meeting/ Spiritual Fellowship		
10 minutes	Closing Ceremony		
15 minutes	Leader Discussion Time		



Emergencies and disasters can happen at any time. Utilities can be out of service, roads closed and crucial supplies unavailable. People should be prepared to take care of themselves and their families for up to three days in the event of an emergency or a disaster. For example, it could take that long to clear roads due to a severe winter storm.

For background information on Emergency Survival Kits, please refer to the *Emergency Preparedness Program Resource Book*, page 7.





# Gathering Activity Tornados And Twisters

(Cranes And Crows)



### **Objective:**

This is a real steam-off game requiring no equipment.

### **Equipment:**

• None

#### Instructions:

- 1. Divide the Scouts into two teams. The teams face each other (about 1.5 metres apart) in the centre of the hall. One team is the **"Tornados"**, while the other is the **"Twisters"**.
- 2. Call out one of these names. The team whose name you called must run to touch the wall behind them before the other team can tag them. Tagged Scouts become part of the other team. The game ends when one team has caught all of its opponents.
- 3. Add to the game by calling other names (ex: typhoon, tempest, tropical storm etc.) Any player who moves when you call out these names is considered caught by the other team.

Thank you to the *Canadian Red Cross* for use of their graphics on page 2.







## **Objective:**

To help Scouts understand why their pets need an Emergency Survival Kit and what should go into a Pet Emergency Survival Kit.

 $\ast$  If there are Scouts who do not have pets, ask them if they have a relative/friend with a pet and encourage them to think about the needs of that pet.

# Option #1: Leader-Lead Pet Emergency Survival Kit Activity

## **Equipment:**

- Sample of a complete Pet Emergency Survival Kit for a dog (See Week 2 Support Materials)
- Copies of the Pets and Emergencies Crossword Puzzle Activity Sheet (See Week 2 Support Materials)
- Pens/pencils

#### Instructions:

- 1. For background information about Pets and Emergencies, please refer to the *Emergency Preparedness Program Resource Book* (Page 16-18).
- 2. Remind the Scouts that they learned about Emergency Survival Kits for people. Ask them why their family needs to prepare an Emergency Survival Kit.
- 3. Conduct an informal poll about who has pets, and what type of pets they have. Refer to the talk they just completed and remind them that pets count on their owners to provide them with love, food, water, veterinarary care, shelter etc.
- 4. Explain that pets are part of our families and therefore need an Emergency Survival Kit too. Show the Scouts the sample Pet Emergency Kit for a dog and explain what each of the items are and why they are needed.
- 5. Explain to the Scouts that pets should never be left behind in an emergency. At the same time, in an emergency situation, (e.g., fire), a person should never risk their life for that of an animal, such as returning to a burning home to rescue an animal.
- 6. Hand out copies of the Pets and Emergencies Crossword Puzzle Activity Sheet and have the Scouts pick a partner and work on the activity sheet.

# Option #2: SPCA Visit - Pet Emergency Survival Kits

Leaders may wish to contact their *Society for the Prevention of Cruelty to Animals (SPCA)* to arrange for a representative to attend the meeting and talk to the Scouts about preparing to care for pets in an emergency.





# Game Preparing a Sandwich!

## **Objective:**

To demonstrate that in order to prepare a sandwich properly, you have to have a plan.

### **Equipment:**

- Chart paper
- Markers
- Bread
- Jam
- Knife
- Soap/Water/Paper Towel (for washing hands)
- Plate

#### Instructions:

- 1. Give each group of four Scouts a piece of chart paper and ask them to write out or draw the list of steps they would need to take to prepare a jam sandwich. Explain that they have three minutes.
- 2. After 3 minutes, ask each group of Scouts to hand off their list of steps to another group. Each group of Scouts will then attempt to prepare a sandwich following the instructions provided by another group. As the Scouts try to prepare their sandwich, they should point out any "missed" steps (i.e., forgetting to wash hands before they begin, putting the lid back on the jam, closing the bread bag, cleaning the knife after the sandwich is made etc.)
- 3. Explain that proper planning takes time and care.
- 4. Explain that creating a **Family Emergency Plan** is an essential part of being prepared for emergencies and that today they will learn all of the steps they need to do this properly.

Enjoy the sandwich!





#### **Objective:**

To demonstrate how to prepare a Family Emergency Plan.

# **Option #1:** Visit from Local Emergency Management Coordinator or Red Cross

Invite your local Emergency Management Coordinator or a representative from the local branch of the Canadian Red Cross to teach the Scouts about Family Emergency Plans. In many municipalities, your local emergency management coordinator can be contacted through your local municipal office. It may be appropriate to invite the parents/guardians of the Scouts to attend this session.

# **Option #2: Leader-Lead Family Emergency Plan Discussion**

The leader should begin by discussing the importance of preparing a Family Emergency Plans before an emergency happens. For background information on Family Emergency Plans, please refer to the *Emergency Preparedness Program Resource Book* (Page 18).

The basic steps involved in creating a Family Emergency Plan are:

- 1. Identify the risks (what emergencies could happen in your community?)
- 2. Fill out a Family Emergency Plan Form (contains emergency numbers, contacts, family information)
- 3. Assemble an Emergency Survival Kit
- 4. Check the Emergency Plan at your children's school or childcare centre
- 5. Practice as a family once every year

Each of these steps is covered in detail in the *Emergency Preparedness Program Resource Handbook*.

A copy of a Family Emergency Plan form is available through Public Safety Canada. Following a general discussion of the five steps, leaders may want to guide their Scouts through the Family Emergency Plan Form.

Online Form: www.getprepared.ca/plan/plan\_e.asp PDF Version (download and print): www.getprepared.ca/ fl/guide/national e.pdf

The form can then be sent home for completion and reviewed by all family members. Encourage the Scouts to complete the form with their parents/guardians.





# Theme Activity Emergency Preparedness Jeopardy!

## **Objective:**

To review the main components of the Scout Emergency Preparedness Badge Program.

### **Equipment:**

- Copy of the **Jeopardy! Point Board** large enough for all Scouts to see (See Week 2 Support Materials)
- Copy of the Jeopardy! answers/questions for leader (See Week 2 Support Materials)
- Marker
- Paper (for keeping score)

#### Instructions:

- 1. Divide the Scouts into two teams and have them sit on separate sides of the room.
- 2. Tell the Scouts that they will be playing a game similar to **Jeopardy!** on TV. There will be five topic categories:
  - Emergency!
  - Emergency Survival Kits
  - Family Emergency Plans
  - Pets and Emergencies
  - Related Emergency Preparedness Skills.
- 3. A coin will be flipped to determine which team goes first and someone from that team will be selected to pick a category and a point value (the higher the points, the more difficult the question). The leader will read the corresponding answer and someone on the team who selected the category needs to think of what the question would be and provide it in the form of a question. If they get it incorrect or no one comes up with the correct question, the other team gets an opportunity to try and win the points. The team that comes up with the correct question, will be the team that gets to go again.

If neither team comes up with the correct question, the leader will provide the correct response and the same team as before will pick the category and point value. Once a category and point value has been used, it cannot be used again and the leader should use a marker and place an "X" over it.

4. The game is played until all of the squares on the **Jeopardy Point Board** are used or until time is up. The team with the most points wins.



# **Dog Emergency Survival Kit**



Below is a list of items that you should include in a Dog Emergency Survival Kit:

- **G** Food, potable water, bowls, paper towel and a can opener
- Blanket and a small toy
- □ Sturdy leash/harness
- Plastic bags
- Carrier for transporting your pet
- Medications and medical records (including vaccinations)
- Current photo of your pet in case your pet gets lost
- Information on feeding schedules, medical or behavioural problems in case you must board your pet
- Up-to-date ID tag with your phone number and the name/phone number of your veterinarian
- Copy of license (if required)
- □ Muzzle (if required).

# Theme Activity Identifying Natural Emergencies.

# What is it?



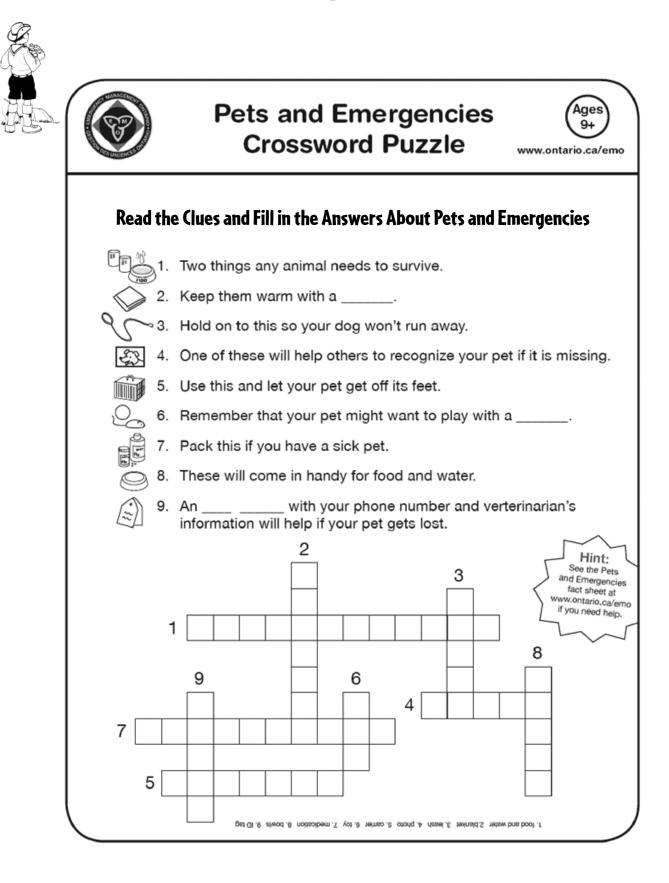
Read the following definitions. Match the disasters to the corresponding definitions by writing the correct letter in the space provided.

- a) Tornado
- d) Forest fire

g) Flood

- fire e) Landslide
- b) Lightning storm c) Snowstorm
  - f) Earthquake
  - h) Hurricane i) Heat wave or cold snap
- 1. Lightning bolts followed by a lightning flash and thunder, able to break windows, set off a fire, set off an explosion or cause a power failure. Answer: \_\_\_\_\_
- 2. A sudden movement of the earth's crust. Answer: \_\_\_\_\_
- 3. A whirlwind in the shape of a funnel which points towards the ground, moves rapidly in an unpredictable way and can destroy everything in its way. Answer: \_\_\_\_\_
- 4. Immense tropical storm with very high winds and a great deal of rain, originating in the oceans. Answer: \_\_\_\_\_\_
- 5. Movement of clay type soil saturated with water. Answer: \_\_\_\_\_
- 6. Fire caused naturally by a lightning bolt or by human negligence that can destroy vast stretches of forest. Answer: \_\_\_\_\_\_
- 7. A natural phenomenon characterized by violent winds and heavy snowfalls. Answer: \_\_\_\_\_
- 8. Phenomenon caused by the arrival of a mass of cold or warm air causing a considerable rise or fall in the temperature. Answer: \_\_\_\_\_\_
- 9. A rise in the water level caused by a rapid thaw in spring or by heavy rainfalls, which threatens people and their homes. Answer: \_\_\_\_\_

*Thank-you to the Red Cross for permitting us to use this activity.* 





# Jeopardy! Point Board

Enlarge and print out or hand print on chart paper

Emergency!	Emergency Survival Kits	Family Emergency Plans	Pets And Emergencies	Related Emergency Preparedness Skills
100	100	100	100	100
200	200	200	200	200
300	300	300	300	300

# Example:

Category:	Emergency!
Point Value:	100

Answer:The phone number you dial in an emergencyQuestion:What is 9-1-1 or your local emergency number?

# Jeopardy! Answers

## Remember



in Jeopardy, the contestants are given the answers and have to come up with the questions – *in the form of a question* 

Emergency!	Emergency Survival Kits	Family Emergency Plans	Pets And Emergencies	Related Emergency Preparedness Skills
Poses an immediate threat to human life or serious damage to property	An item that allows you to see in the dark and may or may not require batteries	How often should you practice your Family Emergency Plan?	The minimum number of days that your Pet Emergency Survival Kit should last	When we practice leaving a building with the sound of a fire bell
The natural emergency that shakes houses and can put cracks in the ground	The type of food that should be in your Emergency Survival Kit	Step 1 in preparing a Family Emergency Plan	An important item for your Pet Emergency Survival Kit that may be needed to open food	An organization which can teach us First-Aid skills
The natural emergency that lifts Dorothy's house in <i>the Wizard of Oz</i>	The amount of water that should be in your Emergency Survival Kit	The two types of meeting places you should have in your Family Emergency Plan	If your pet does not have this, it might not be allowed into a shelter/ evacuation situation	Every home should have at least one of these on every floor

# **Jeopardy!** Questions

## Remember



in Jeopardy, the contestants are given the answers and have to come up with the questions – *in the form of a question* 

Emergency!	Emergency Survival Kits	Family Emergency Plans	Pets And Emergencies	Related Emergency Preparedness Skills
What is an emergency?	What is a flashlight?	What is at least once a year?	What is three days?	What is a fire drill?
What is an earthquake?	What is non-perishable?	What is learning about what emergencies can happen where you live?	What is a can opener?	What is St. John Ambulance or Canadian Red Cross?
What is a tornado?	What is 4 litres per person per day?	What is a meeting place outside of your home and a meeting place outside of your community?	What is a vaccination certificate?	What is a smoke detector?