

## CAMPING CHECKLIST

### CAMP CLOTHES:

- Uniform, Necker & woggle – WEAR TO CAMP**
- Wool or synthetic socks (NOT cotton), 4 pairs at least
- Underwear (3 or 4 pair)
- Thermal or long underwear
- T-shirts (2)
- Turtleneck (1)
- Wool or synthetic sweater (not cotton) (1)
- Pants (2 pair)
- Sneakers or slippers for indoors (NO boots inside!)
- Flannel pajamas
- A plastic grocery bag to collect your laundry in (write your name on it in marker!)

### OUTDOOR GEAR:

- Day pack (for hiking activities)
- Waterproof hiking boots or winter boots (NOT rubber boots)
- Toque or balaclava (or both!)
- Winter scarf
- Mitts (2 pair, water-resistant)
- Rain Suit (this is a MUST)
- Winter coat (one with a fleece lining if possible)
- Snow pants if necessary

### OTHER:

- Cub Book – This is also a MUST!**
- Sleeping bag
- Pillow
- Flashlight/headlamp (Tip: To prevent your flashlight from turning on in your pack, put the batteries in backwards until you need to use it)
- Water bottle
- Campfire blanket
- Toilet kit containing: washcloth, comb, soap, hand towel
- Toothbrush and toothpaste
- Sunglasses
- Personal First Aid/Survival kit (see your Cub Book, pages 87-88 **but SKIP THE High Energy Snack**)
- A book to read
- Lip balm
- Any medications you need (please hand in to a Leader on arrival at camp, with instructions on use)

### OPTIONAL ITEMS:

- Camera, film (what's film?)
- Notebook, pencil
- Nature books
- Bible, Testament, or Prayer Book
- Stuffed animal to snuggle at night ("Bedtime Buddy")

### LEAVE AT HOME:

- Wallet, money
- Snow toys (toboggans, magic carpets, etc.)
- ALL electronics (GameBoy, Nintendo DS, PSP whatever) with the exception of digital cameras
- Pocket knife, unless you have your permit and you better bring that too!
- Any snacks (any food brought to camp will be confiscated but returned at the end of camp)

- Anything very valuable to you

Packs should be **packed by the Cub** and should be light enough for him to carry by himself /herself without personal injury.

At a minimum, please put your name on everything that might be generic (eg. A plain blue t-shirt) and make sure you can recognize your own belongings. If in doubt, label everything with your name or initials.

We are sleeping INDOORS in a heated building. We are on single beds with mattresses, so we will be quite comfortable.

Regardless of the weather, we WILL be going outdoors often. We may go out for a shorter time if there is a blizzard, but we WILL go out, so BE PREPARED!

Here is an easy Survival Kit for you to make and bring

### **Make an Emergency Survival Kit (and practice using it):**

1. A Zip Lock sandwich bag for the container (also used as a cup for drinking water)
2. A whistle used for calling for help (three short blasts)
3. A signal flag approximately 10cm by 100cm (cut from orange plastic garbage bag)
4. A reflector for sending signals (tin foil pasted to cardboard - no sharp edges)
5. A large, bright color garbage bag used as poncho (pre-tear slit for face opening - Do not "cut" hole)
6. Nylon or strong string (for help with shelter building)

Although each Leader carries a First Aid Kit, and there is a larger one for Camp use, you may wish to get in the habit of always having your own Kit with you. Here's a good one to start with:

### **Personal First Aid Kit**

- Adhesive bandages (Band-Aids), assorted sizes (ones with antibacterial ointment in them are good)
- Gauze pads
- Adhesive tape
- Safety pins
- Tweezers
- Paper & pencil (for writing down emergency information)
- Iodine swabs

Pack your Survival Kit and Personal First Aid Kit in waterproof containers!